

St. George  
House



## Residence

Out-of-town students are assured comfortable living accommodation and suitable board at the St. George House, a residence situated at 99 St. George Street in the University district. The living of the students is carefully supervised, while at the same time the general rules of the house are under the control of Student Government. The house is under the direction of Mrs. F. G. Marriott.

## The Course of Study

The course of study aims to give the student a thorough educational background for her life as a teacher in the field of physical and health education. The subjects studied as well as the activities taken combine fundamental knowledge and skill with modern and progressive ideas.

The "co-operation" with the University of Toronto, which was granted by the University Senate in 1934, continues. This gives The Margaret Eaton School a number of privileges in the University, such as the Anatomy courses taken in the University Anatomy department, and the medical examinations given by the Medical Adviser for Women.

## Two-Year Normal Course

### FIRST YEAR

<b>THEORY</b>	<b>TERMS</b>	<b>TOTAL HOURS</b>
General Anatomy . . . . .	1	60
Kinesiology . . . . .	1	30
Physiology . . . . .	2	60
Hygiene . . . . .	2	30
History and Principles of Physical Education . . . . .	2	30
Nature and Functions of Play . . . . .	2	30
English . . . . .	2	60
Psychology . . . . .	1	30
Voice and Public Speaking . . . . .	2	30
First Aid (1½ hrs. per week, 6 weeks) . . . . .		9
 Camp Education . . . . .		10
 Practice Teaching . . . . .	1	15
 <b>ACTIVITIES</b>		
Gymnastics and Apparatus . . . . .	2	90
Games . . . . .	2	30
Stunts and Tumbling . . . . .	2	30
 Dancing:		
Modern Creative . . . . .	2	60
Folk . . . . .	2	45
Social . . . . .		8
Tap . . . . .	2	30
 Swimming . . . . .	2	60
 Camp Craft . . . . .		
 Handicraft . . . . .	2	30
 Sports . . . . .	2	140
Archery		
Badminton		
Baseball		
Basketball		
Canoeing		
Field Hockey		
Figure Skating and Ice Hockey		
Golf		
Tennis		

SECOND YEAR

THEORY	TERMS	TOTAL HOURS
Kinesiology . . . . .	2	60
Physiology of Exercise . . . . .	1	30
Community Hygiene . . . . .	1	30
Health Education . . . . .	1	30
Principles of Education . . . . .	1	15
Principles and Methods of Physical Education . . . . .	2	60
Sociology . . . . .	1	30
Theory of Gymnastics . . . . .	1	15
Remedial Gymnastics . . . . .	2	60
Theory of Dancing . . . . .		6
Camp Education . . . . .		10
Practice Teaching . . . . .	2	30
<b>ACTIVITIES</b>		
Gymnastics and Apparatus . . . . .	2	90
Social Recreation . . . . .	2	30
Individual Athletic Events . . . . .	1	15
Dancing:		
Modern Creative . . . . .	2	60
Folk and National . . . . .	2	30
Social . . . . .		8
Tap . . . . .	2	30
Swimming . . . . .	2	60
Handicraft . . . . .	2	30
Sports . . . . .	2	154
Archery		
Badminton		
Baseball		
Basketball		
Figure Skating and Ice Hockey		
Lacrosse		
Tennis		
Track and Field		
Volley Ball		

## Description of Courses

*Anatomy*—A course of twenty-five lectures and twenty-five practical classes on the structure of the human body given in the first half of the Junior Year. A complementary course of forty lectures and forty practical classes beginning in the second half of the Junior Year and continued through the Senior Year, on the study of muscle action in reference to movements, exercises and certain deformities.

*Physiology and Hygiene*—A systematic survey of the functions of the human body which aims to give the student an intelligent, scientific understanding of her own health problems, and the foundation for the teaching of hygiene.

*Health Education*—The study of the programme in health for children in elementary and secondary schools. This includes a survey of the health services and their relation to the teaching programme, as well as a study of methods and materials of health instruction.

*Community Hygiene*—A study to acquaint the student with the various aspects of the promotion of public health and to give her an understanding of the individual responsibility for it; the study of the prevention of communicable diseases, deficiency diseases and those due to occupation and heredity.

*Physiology of Exercise*—A study of the nature, function and physiological consequences of exercise.

*Remedial Gymnastics*—Instruction in the causes and recognition of scoliosis, weak feet, and faulty posture such as round shoulders, flat chest, forward head, round back, etc. A postural clinic is held once a week for school children. Programmes of exercises are prepared to meet individual needs, and the treatments are given by the students, under supervision.

*Psychology*—An elementary course, including the study of intelligence, memory, learning, motivation, feeling, emotion, sensation, observation, thinking, imagination and personality.

*Sociology*—An elementary course in the science of human relationships and group living.

*Literature*—This course includes a study of one of Shakespeare's great tragedies, as well as of modern work by Shaw, Synge and Galsworthy, and of novels by Samuel Butler, Hardy, Arnold Bennett, Conrad, Galsworthy and Sinclair.

*Public Speaking*—A discussion of the principles of communication of ideas from person to person and from one person to a group. Lectures and practical work on the voice, speaking, and the conduct of meetings.

*Nature and Functions of Play*—A study of the various theories and manifestations of play. The practical needs of all age groups are discussed and suitable material presented. Activities range from simple singing games to those of high organization.

*Theory of the Dance*—A course designed to give the student a knowledge of the factors and principles underlying the modern dance. The approach to the creative method of teaching; lesson planning for different ages; the use of music and music structure are studied.

*History of Physical Education*—The growth and development of Physical Education along with the various trends of education in world history.

*Principles of Education*—A course which gives the student a general survey of current practices in education and a correct sense of value of the essential principles. This course lays a foundation for that in Principles and Methods of Physical Education.

*Principles and Methods of Physical Education*—The principles, objectives and present day needs of physical education. The evaluation and selection of suitable activities for different age groups. The problems confronting a teacher in organizing a programme of physical education and methods employed in teaching.

*Activities*—The school programme offers fifteen to twenty hours a week of practice activities which give the student the skill and knowledge necessary in teaching these activities. They include gymnastics, apparatus exercises, stunts and tumbling; several types of dancing including creative, folk and national tap and social dancing; games for children, and the many games, sports and athletic activities which girls and women are playing with benefit. In addition to learning the skill and technique, the student learns how to teach and organize the activity and to officiate. Camp craft and canoeing and other camp activities are conducted in the natural camp setting. Figure skating and ice hockey are taken in the winter months. Swimming, diving and life saving are practised at camp and in the city. Opportunity is given the student to qualify for the certificates of the Royal Life Saving Society.

*Practice Teaching*—All students have regular periods of practice teaching in the school during the second half of the first year. During the second year each student teaches under supervision throughout the year in the public schools of Toronto. Individual conferences are arranged during which lesson plans for the forthcoming week are presented and criticism on the preceding lesson is given. In addition, opportunities are open to the students for volunteer teaching of afternoon and evening recreational classes, game officiating and social recreation for adults.



### Placement of Graduates

The School endeavours to assist graduates in securing positions, but because so much depends on the student and her success during the course, no assurance can be given that every graduate will be placed. Responsibility for the selection and recommendation of candidates for specific positions which come direct to the school is carried by the secretary and the staff, whether the position is for the summer or the school year. Because the School is a comparatively small one, it is possible for the members of the staff to take a personal interest in each student, and this interest is carried over to the graduates, particularly in regard to their placement.

The young graduate will find in both education and recreational



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work two fields of growing interest and opportunity. Some will wish to continue their study, perhaps after a few years of experience in teaching, either toward a university degree or in more extensive study of a particular field for which they are well fitted, such as dancing or remedial work.

Since its re-organization in 1926, The Margaret Eaton School has granted its diploma to 236 young women. In May, 1940, 42.7% of these were teaching, 41.1% were married, 8.4% were in other occupations and 5.5% were unemployed. Of those teaching, there were 32.6% in the Young Women's Christian Association, 28.7% in private schools, 11.8% in public, high schools or universities, 11% in settlements or recreation centres. 8.9% were doing part time work, 4% had private or community classes and 3% were student teachers.

## GENERAL REGULATIONS

Parents and guardians when entering students in the School are understood to accept the terms and provisions of this prospectus and to be in sympathy with the regulations affecting student life.

Students who contemplate taking this course are urged to remember that it is a heavy one and most of their free time must be spent in study. There is no place at the school for the girl who wants to use the school as a means for a pleasant social life.

All out-of-town students are required to live either at St. George House, or with relatives in town, except with the special permission of the Director. The School does not sanction the establishment of students in apartments or elsewhere unless a parent is presiding over such a household.

Students who miss either of the two month's training at camp, cannot graduate until this is made up.

Students are required to wear the regulation school costumes, information regarding which will be sent to each applicant.

Students may not take engagements for teaching or for the coaching or refereeing of games without the permission of the Director.

Students are required to have texts for practically all of the theory courses.

Because the course is a strenuous one requiring both physical and mental effort to carry on a full programme, it is not considered advisable for students to attempt to earn their own way except in unusual cases.

## ADMISSION REGULATIONS

COMMENCING IN 1941, ONTARIO UPPER SCHOOL or its equivalent in the other provinces with 50% in each subject, will be necessary for admission. This change is made because of the value of a stronger background to the student and because it is necessary to keep in line with the rising standards of other institutions.

For 1940 candidates for admission to the course must have acquired one of the following certificates:

Full Ontario Junior Matriculation or Junior Matriculation without Latin for which has been substituted either another foreign language or Upper School Biology.

Junior Matriculation from the other provinces of the Dominion according to the regulations of the Provincial Department of Education where the student writes her matriculation papers, provided 50% is received in every subject.

The B.A. or B.Sc. degree.

Students who enter with the B.A. or B.Sc. degree under certain conditions may complete the course in one year. Further particulars regarding this may be obtained from the secretary.

Applicants are required to send in a doctor's certificate of physical fitness before an application can be formally accepted.

#### EXAMINATIONS AND DIPLOMA

Term examinations are held in each subject, the students being required to obtain a pass standing of at least 50%.

The Diploma will be awarded only to students obtaining a minimum of 50% in each subject, and of 65% on the total examining throughout the year.

An Honor Diploma is awarded to a student who obtains 75% in each subject.

The Gold Medal is awarded to the diploma student in the graduating class making the highest standing in practice and theory. The Charlotte A. Kaulbach Silver Medal is awarded for general proficiency, leadership and service to the school, and will only be given if all the requirements are met. Both the gold and silver medals can be awarded only to students who have taken the full two years' course at the school.

#### FEES AND OTHER EXPENSES

For convenience in paying the fees, the school year is divided into three terms with the fees payable at the beginning of each term. No reduction will be made for absence unless an entire term is lost through illness. A student fee of \$10.00 is charged to cover regular school extras such as the Activities Association fee, the school magazine and certain social functions. To facilitate the work of the office staff, books and equipment are sold on a strictly cash basis. It is suggested that parents open a bank account for their daughters in order that they may have the money as needed for supplies.

##### Fees for those in residence:

A deposit of \$25.00, required to reserve a room at St. George House, is deducted from the third term's board.

First term: (For date of payment see page 4.)

Tuition.....	\$90.00
Residence deposit.....	25.00
Residence.....	90.00
Camp Board.....	48.00
Student Fee.....	10.00
Total.....	\$263.00

Second term:

Tuition.....	\$90.00
Residence.....	138.00
Total.....	228.00

Third term:

Tuition.....	\$90.00
Residence (deposit deducted).....	113.00
Total.....	203.00
Total for Year.....	694.00

Fees for those whose homes are in the city:

First term:

Tuition.....	\$90.00
Camp Board.....	48.00
Student Fee.....	10.00
Total.....	148.00

Second term:

Tuition.....	90.00
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Third term:

Tuition.....	90.00
Total for Year.....	328.00

Approximate cost of uniforms, books, equipment,  
ticket to camp, junior year..... 75.00

Approximate cost of uniforms, books, equipment,  
ticket to camp, senior year..... 38.00

Locker Fee, per year..... .75

Supplementary Examination Fee .....

3.00-5.00

All cheques should be made payable at *par* in Toronto, to  
The Margaret Eaton School.

For further information, address

Miss Charlotte H. Layton,

Secretary, The Margaret Eaton School,

415 Yonge Street, Toronto 2, Ontario.



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